



## Self Assessment

### Qualification for Codependence Ministry

Choose the column that *BEST* fits you.

A	B.	C.	D.
I am completely qualified for codependence ministry because of my experience, training and skills.	I'm mostly qualified, but I may need some additional resources.	I don't feel qualified, but I do feel called, and will do whatever is required.	I just am getting started in looking at myself, but I'd prefer to help others too.
I have complete surrender and trust in the Holy Spirit. It is Him and Him alone working in my life and through me.	I still struggle to trust God in the outcomes, but I mostly live out of a place of surrender.	I struggle a great deal with surrender, and still fear certain outcomes. However, I know God is enough.	I need to stay in control or I might lose everything that matters in life.
If I experience rejection or failure, it will not bother it. I'm actually welcoming it.	I don't like failure or rejection, but I won't let it affect me.	I really hate rejection and failure, and the thought of it brings fear. But I won't compromise or alter anything I do.	I cannot even fathom failure or rejection. I would be not okay if anyone rejected me in any capacity.
I am always humble and teachable, always willing to learn and make adjustments	I struggle with change, but I am always willing to make adjustments.	I fight change and still like to take matters in my own hands. God help me!!! But in the end, God's ways win.	I am fairly set in my ways, and adjustments are way too much for me.
I am honest with at least one other human being all the time. This keeps me accountable.	I am honest with at least one other human being most of the time. I'm sometimes accountable.	I struggle with being honest with others, but I will do it when my well being and others well being count on it.	I do not share my personal secrets. It's no one else's business.

A	B.	C.	D.
I am absolutely positive of my gifts and have seen them operate in miraculous ways.	My gifts have been made evident in the past, but I've taken assessment tests and now I know the results.	I feel somewhat aware of my gifts, but I'm praying for additional information to make it more clear.	I have no clue what my gifts are.
I am never disrespectful to others or think of myself first. I honor God always. I only go where He tells me.	I try to respect others, but I sometimes fall short. I try to trust God and obey Him.	I seek to honor God first, so that I can honor myself and others. I fall short, but I ask for God to reveal motives all the time.	I get what I need at whatever cost it takes. This is a world of "every man for himself."
My boundaries in professional and/or ministry are well established and tried – I am confident in that and it's not really in question.	I have solid boundaries, but I'm aware of chronic problems and potential for conflict.	While I'm aware of boundaries, they are something that I need to review, pray over and seek advice on.	My boundaries shouldn't matter. I love. And because I love boundaries aren't even necessary.
I know where my authority role begins and ends. I have clear-cut guidelines and there is no reason to question them.	I am confident in my role, but the guidelines are something I need to review again.	I am reluctantly aware of authority, and have a support person to contact when I don't have the answer.	I don't need authority in my life.
I am very aware about self care. I know how to care for myself, others and not get overwhelmed.	I am fairly good with self care, but I sometimes take on more than I know how to manage.	I am seeking the Lord to understand the need for self care, and if I need to make adjustments.	I take care of myself when I need to. I think.
My identity is in Jesus and nothing or nowhere else. I would never allow my ministry work to obstruct my identity.	My identity is somewhat secure, and ministry simply accentuates that identity.	I have my identity in Jesus, but my personal worth is a battle, and I'm easily caught up again in allowing what I do to define me. I need help every day.	I am still not sure about my identity – I will need to spend more time on defining that at all.

A	B.	C.	D.
I would serve if it hurt, at any cost!	I would serve no matter what, but might not always want to.	I don't know how I would respond to serving in hurt, but I pray for the grace to endure it and be prepared should it come.	I would never serve if it hurt.

I am always humble and teachable, always willing to learn and make adjustments	I struggle with change, but I am always willing to make adjustments.	I fight change and still have pride. God help me!!! But in the end, God's ways win.	I am fairly set in my ways, and adjustments are way too much for me.
I am honest with at least one other human being all the time.	I am honest with at least one other human being most of the time.	I struggle with being honest with others, but I will do it when my well being and others well being count on it.	I do not share my personal secrets. It's no one else's business.
I am absolutely positive of my gifts and have seen them operate in miraculous ways.	My gifts have been made evident in the past, but I've taken assessment tests and know the results.	I feel somewhat aware of my gifts, but I'm praying for additional information to make it more clear.	I have no clue what my gifts are.
I am completely of where I'd do a workshop/ministry and have no questions about boundaries.	I have some great ideas of where I'd like to do a workshop. I don't see any problems or conflicts.	I have to think and pray over the territory I'm considering to launch a workshop/ministry. I would like to talk some people I know that might be affected.	I don't need to ask anyone for anything, I am an independent person and I go after the things I want in life.
My boundaries in professional and/or ministry are well established and tried – I am confident in that and it's not really in question.	I have solid boundaries, but I'm aware of chronic problems and potential for conflict.	While I'm aware of boundaries, they are something that I need to review, pray over and seek advice on.	My boundaries shouldn't matter. I love. And because I love boundaries aren't even necessary.
I know where my authority role begins and ends. I have clear-cut guidelines and there is no reason to question them.	I am confident in my role, but the guidelines are something I need to review again.	I am reluctantly aware of authority, and have a support person to contact when I don't have the answer.	I don't need authority in my life.

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