

## 1 CODEPENDENCE LEADERSHIP & BOUNDARIES

### SESSION ONE

## 2 WHAT QUALIFIES YOU

- YOU HAVE TO BE CALLED, NOT PERFECT
- A DESIRE TO BE USED FROM A SPIRIT OF OBEDIENCE RATHER THAN HUMAN AMBITION
- A COMMITMENT THAT WILL LAST BEYOND A HONEYMOON SEASON (“I’M BEING USED, THIS IS GREAT, EVERYTHING IS A BLESSING”)
- A WILLINGNESS TO LET GOD PREPARE AND PURIFY YOU
- A WILLINGNESS TO LEAVE OUTCOMES TO HIM

*YOU ARE STEPPING INTO A BATTLEFIELD*

*YOUR WEAPON ISN’T INFORMATION, IT’S INTIMACY*

## 3 WHAT QUALIFIES YOU

- BEING A LEADER IS A SERVANT POSITION THAT REQUIRES HUMILITY – THIS INCLUDES:
  - NOT ACCEPTING THE REWARD OF SUCCESS IN PEOPLE’S LIVES
  - NOT ATTACHING OUR IDENTITY TO THE MINISTRY WE DO
  - NOT ACCEPTING THE FAILURE WHEN THINGS DON’T GO WELL.
- IF WE ENTER INTO MINISTRY TO HELP PEOPLE TO FEEL GOOD, WE WILL EVENTUALLY BURN OUT
- HELPING PEOPLE IS GOD’S PART – OUR PART IS TO HEAR FROM HIM
- WE WILL NOT ALWAYS SEE SUCCESS – WE WILL NOT ALWAYS PLEASE PEOPLE
- THIS MINISTRY HAS TO OPERATE FROM THE SPIRIT OF GOD, NOT FROM CODEPENDENCE OR IT IS PERILOUS
- IT STARTS WITH HUMILITY AND TEACHABILITY
- ARE YOU READY? P.S. IT’S OKAY IF YOU’RE NOT.
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## 4 REMEMBER IN LEADERSHIP...

- SOME WILL THANK, MANY WILL NOT
- JESUS HEALED TEN BUT ONLY ONE RETURNED
- IT IS HUMAN NATURE TO TAKE THE GIFT AND RUN AWAY
- WOULD YOU SERVE IF IT HURT?

- WOULD YOU SERVE IF YOU GOT ZERO RECOGNITION?
- WOULD YOU SERVE WHEN NO ONE ACKNOWLEDGES?
- THESE ARE TOUGH BUT REAL QUESTIONS TO ASK
- LEADERSHIP IS ABOUT GIVING TO GIVE, BECAUSE WE OURSELVES POSSESS IT

## 5 **BOUNDARIES**

- BOUNDARIES IN A MINISTRY ARE DIFFERENT DEPENDING ON YOUR ROLE
- COUNSELORS HAVE SPECIFIC BOUNDARY AND ETHICAL REALITIES AND REQUIRE EXTENSIVE TRAINING –FAR BEYOND THIS WORKSHOP
- GROUP LEADERS DON'T HAVE AS MANY BUT NEED TO DEVELOP THEM BEFORE GOING INTO A WORKSHOP
- PEOPLE IN THE CHURCH OFTENTIMES HAVE A MISUNDERSTANDING OF WHAT A BOUNDARY IS. "I BELONG TO ME, YOU BELONG TO YOU. I DO MY ORDAINED CALLING WITHOUT TRYING TO MANIPULATE YOU. I STAY TRUE TO MYSELF, STAY IN MY TERRITORY. WHEN YOU DO THE SAME WE ARE ALL BLESSED AS A RESULT."
- CODE OF HONOR WE DEVELOPED (SEE HANDOUT) TO SET THESE BOUNDARIES UP CLEARLY IN TERMS OF WHAT WE FEEL IS NECESSARY TO ESTABLISH BOUNDARIES (GROUP LEADER SESSION).
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## 6 **TYPES OF BOUNDARIES**

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## 7 **#1. DEFINING YOURSELF AS AN INDIVIDUAL CALLED AND GIFTED**

- IDENTIFY WHO YOU ARE, WHAT YOU'VE BEEN CALLED TO DO AS A PRECIOUS DAUGHTER OR SON OF THE KING
- VALIDATE THE GIFT AND SEEK OUT ASSESSMENTS AND AFFIRMATIONS WITHIN A MINISTRY THAT WILL CONFIRM THE GIFTING
- WORK THROUGH YOUR OWN PERSONAL ISSUES BEFORE TAKING YOUR CALLING TO HELP OTHERS. DON'T USE HELPING OTHERS TO WORK THROUGH YOUR PERSONAL ISSUES ENTIRELY.
- PARTNER IN RELATIONSHIP WITH GOD! HE CAN'T WORK WITHOUT YOU IN COOPERATION.
- BE SECURE ABOUT YOURSELF IN HIM – THERE IS NO POINT COMPARING

OR COMPETING – YOU’VE BEEN CHOSEN AND CALLED FOR SOMETHING  
CUSTOM DESIGNED FOR YOU!

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## 8 **YOUR CHARACTER MATTERS MORE THAN YOUR GIFT**

- GIFTS MATTER – BUT THEY CARRY THEMSELVES – THEY AREN’T EVERYTHING
- IF YOU ARE GIFTED, YOUR CHARACTER HAS TO BE ABLE TO HANDLE IT
- PEOPLE GO DOWN IN MINISTRY BECAUSE THEY LEAVE CHARACTER BUILDING AND FOCUS ON THE GIFT
- THE GIFT WILL WORK ITSELF – BUT WITHOUT A STRONG FOUNDATION YOU CAN EASILY BE LED ASTRAY
- WHEN CHARACTER ISN’T DEVELOPED – A MINISTRY CAN GROW AND PROSPER WITH THE GIFT IN PLACE, BUT THE MORAL AND/OR MOTIVES OF THE LEADER WILL DETERIORATE AND EVENTUALLY IMplode.

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## 9 **#2. DEFINING THE BOUNDARIES OF CLIENTS/ PARTICIPANTS**

- WHEN YOU MINISTER TO PEOPLE WITH CODEPENDENCE YOU ARE DEALING WITH A CORE ATTACHMENT DISORDER WHERE PEOPLE BELIEVE THAT A PERSON IS THE ANSWER FOR INNER PAIN
- BECAUSE OF YOUR WORK WITH THIS PERSON AND THE NATURE OF WORKSHOPS, COUNSELING, ETC. IT’S SAFE TO SAY THAT YOU HAVE TO BE CAUTIOUS OF VULNERABILITY
- BECOMING A PERSONAL FRIEND WHEN A PERSON IS LOOKING AT YOU TO LIAISON HEALING IN THEIR LIFE IS DANGEROUS.
- JUST THE SAME, DOING MINISTRY TO FILL IN THE GAPS FOR YOUR OWN MISSING EMOTIONAL NEEDS IS JUST AS DANGEROUS
- WE HELP PEOPLE WHEN WE OPERATE FROM A PLACE OF OBEDIENCE AND WE ARE LIVING IN THE SPIRIT
- WE HELP PEOPLE WHEN WE ARE DRIVEN FOR THEIR BEST INTEREST, NOT OUR MINISTRY SUCCESS OR EMOTIONAL NEED
- THE SPIRIT IS FAITHFUL TO MINISTER TO OUR NEEDS AS WE MINISTER TO OTHERS.

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### 10 #3. DEFINING YOUR TERRITORY – WHERE SHOULD YOU USE YOUR CALLING?

- THE BIBLE TALKS ABOUT BOUNDARIES IN MINISTRY – THAT WE DON'T UNDERMINE OUR AREA OF AUTHORITY AND WE DON'T BUILD MINISTRIES WHERE SOMEONE ELSE WAS DELEGATED OR WE WEREN'T ASKED OR RECEIVED AN OPEN DOOR.
- WHEN WE BECOME MORE INTERESTED IN A MINISTRY OF OUR OWN SUCCESS RATHER THAN HONOR, WE ARE ALREADY HEADING THE WRONG DIRECTION. PERSONAL AGENDAS DESTROY GOD'S AGENDAS.
- LEADERSHIP ISN'T ABOUT WHAT YOU CAN DO, BUT WHAT AND WHERE YOU ARE CALLED TO DO IT – GOD DOESN'T CREATE CHAOS OR DIVISION. HE WORKS WITH ORDER AND HONOR.
- IF WE OVERSTEP OUR BOUNDARIES, WE DON'T JUST AFFECT OTHERS, BUT WE STEP OUT OF GRACE AND RISK BURN OUT.
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### 11 DEFINING YOUR TERRITORY – WHERE SHOULD YOU USE YOUR CALLING?

- **13**WE WILL NOT BOAST ABOUT THINGS DONE OUTSIDE OUR AREA OF AUTHORITY. WE WILL BOAST ONLY ABOUT WHAT HAS HAPPENED WITHIN THE BOUNDARIES OF THE WORK GOD HAS GIVEN US, WHICH INCLUDES OUR WORKING WITH YOU. **14**WE ARE NOT REACHING BEYOND THESE BOUNDARIES WHEN WE CLAIM AUTHORITY OVER YOU, AS IF WE HAD NEVER VISITED YOU. FOR WE WERE THE FIRST TO TRAVEL ALL THE WAY TO CORINTH WITH THE GOOD NEWS OF CHRIST.
- **15**NOR DO WE BOAST AND CLAIM CREDIT FOR THE WORK SOMEONE ELSE HAS DONE. INSTEAD, WE HOPE THAT YOUR FAITH WILL GROW SO THAT THE BOUNDARIES OF OUR WORK AMONG YOU WILL BE EXTENDED. **16**THEN WE WILL BE ABLE TO GO AND PREACH THE GOOD NEWS IN OTHER PLACES FAR BEYOND YOU, WHERE NO ONE ELSE IS WORKING. THEN THERE WILL BE NO QUESTION OF OUR BOASTING ABOUT WORK DONE IN SOMEONE ELSE'S TERRITORY. **17**AS THE SCRIPTURES SAY, "IF YOU WANT TO BOAST, BOAST ONLY ABOUT THE LORD."
- **18**WHEN PEOPLE COMMEND THEMSELVES, IT DOESN'T COUNT FOR MUCH. THE IMPORTANT THING IS FOR THE LORD TO COMMEND THEM.
- 2 CORINTHIANS 10:13-18

#### 12 **#4. DEFINING THE BOUNDARY OF THE AUTHORITY OF YOUR ROLE**

- THERE IS AUTHORITY IN BEING IN CHARGE OF A HEALING PROCESS THAT HOLDS SACRED VALUE AND HONOR
- THAT AUTHORITY IS NOT MEANT TO LORD POWER OVER PEOPLE. FACILITATING HEALING IS ABOUT PROTECTING AN ENVIRONMENT AND KEEPING AWAY BOTH HUMAN AND DEMONIC INFLUENCE
- YOU SHOULD NOT BE COUNSELING PEOPLE IN ROOTED ISSUES ONE ON ONE IF YOU HAVE NOT HAD COUNSELING/THERAPY EXPERIENCE AND TRAINING
- IF YOU COACH OR WORK ONE ON ONE WITH PEOPLE, YOU SHOULD UNDERSTAND THE DIFFERENCE BETWEEN COACHING PEOPLE IN A SUPPORTIVE ROLE, AND CROSSING OVER INTO COUNSELING
- YOU SHOULD WORK WITH PEOPLE INSIDE AN ORGANIZATION WITH THE DESIGNATION OF THAT ORGANIZATION'S PERMISSION. IF YOU ARE WORKING ALREADY FOR A CHURCH, COUNSELING CENTER, ETC. YOU DON'T TAKE ON A ONE-ON-ONE RELATIONSHIP WITHOUT HAVING THE AUTHORITY TO DO SO.
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#### 13 **#5. DEFINING THE BOUNDARY OF SELF AWARENESS AND PERSONAL HEALTH**

- WHEN WE ARE ALWAYS FACILITATING SOLUTIONS TO OTHER PEOPLE, IT CAN BE EASY TO LOSE OUR OWN ISSUES IN THE SHUFFLE. THIS REINSTATES THE CYCLE OF CODEPENDENCE EVEN IF WE ARE ATTEMPTING TO LIVE UNDER RECOVERY PRINCIPLES
- WE HAVE TO BE HONEST WITH AT LEAST ONE OTHER PERSON. KNOW WHEN YOU NEED HELP AND HOW TO ASK FOR IT – DON'T LET STRUGGLES STAY IN THE DARK
- WE NEED TO DEFINE OUR PERSONAL NEED FOR SELF CARE, NOT JUST GIVE OURSELVES AWAY FOR MINISTRY. SELF CARE IS ABOUT BALANCE, RETAINING RECOVERY THROUGH INTIMACY WITH JESUS AND LIVING FROM THE RESOURCE OF GOD'S POWER
- WE NEED TO EVALUATE OURSELVES CONSTANTLY TO ASSESS WHAT'S HAPPENING IN OUR INNER WORLD. OUR FEELINGS, THOUGHTS,

JUDGMENTS, ATTITUDES, BEHAVIORS, STRONGHOLDS, INTERACTION WITH OTHERS, FEEDBACK FROM OTHERS.

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#### 14 ☐ **#6. DEFINING THE BOUNDARY OF RELATIONSHIP WITH GOD MATTERS MOST**

- WHO WE ARE IN JESUS AND HOW WE RELATE TO HIM MATTERS MORE THAN A MILLION WORKS WE PERFORM IN HIS NAME
- WE ARE GOD'S CHILD BEFORE WE REPRESENT *ANYTHING ELSE*
- DON'T LET MINISTRY BECOME IT'S OWN FORM OF SELF WORSHIP – IT'S EASIER TO DO THAN YOU THINK
- SUCCESS IN MINISTRY IS NOT THE GOAL – STAYING RELATIONALLY BOUND TO OUR KING IS.

#### 15 ☐ **SERVICE OR JESUS?**

BEWARE OF ANYTHING THAT COMPETES WITH YOUR LOYALTY TO JESUS CHRIST. THE GREATEST COMPETITOR OF TRUE DEVOTION TO JESUS IS THE SERVICE WE DO FOR HIM. IT IS EASIER TO SERVE THAN TO POUR OUT OUR LIVES COMPLETELY FOR HIM. THE GOAL OF THE CALL OF GOD IS HIS SATISFACTION, NOT SIMPLY THAT WE SHOULD DO SOMETHING *FOR* HIM. WE ARE NOT SENT TO DO BATTLE FOR GOD, BUT TO BE USED BY GOD IN HIS BATTLES. ARE WE MORE DEVOTED TO SERVICE THAN WE ARE TO JESUS CHRIST HIMSELF?  
– OSWALD CHAMBERS

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