



# **RELATIONAL CONNECTION**

- A soul tie links us to another human being
- It acts as a transmission highway of the inner issues a person carries, emotionally, mentally, and spiritually.
- Soul ties can be healthy, or unhealthy, depending on what's driving them

# **HEALTHY SOUL TIE**

- Soul ties can be assessed by the fruits they produce.
- A healthy soul tie will be evidence by the general system that it operates through.
- This is not a behavioral manifestation, but rather a system where giving, humility, interdependence, submission, individuality, love, grace, encouragement, honest emotional healthiness, etc. are present
- All human relationship will have problems, but in a healthy soul tie, it can always be brought back on track through grace and forgiveness

# **UNHEALTHY SOUL TIES**

- We aren't just dealing with "flesh and blood" but the emotional and spiritual issues that another person is carrying.
- When a soul tie is unhealthy, the connection to a person becomes a channel of curses, rather than a channel of blessings

# **CYCLE OF NEED-BASED RELATIONSHIPS**

- 1. A relationship is formed out of personal needs and desires
- 2. A sense of entitlement in the relationship is established.
- 3. We begin to demand our need be met
- 4. We judge the person's heart (make assumptions)
- 5. We punish or try to please the person for not giving us what we need.

#### FRUITS OF UNHEALTHY RELATIONSHIPS

- · When connections are unhealthy, they contain:
  - Pride
  - Shame
  - Control
  - Enmeshment
  - Emotionally dishonesty
  - Hatred and strife
  - Negative behaviors and emotions.
- The basis of unhealthy souls ties will be fear, guilt and shame

# **MENTAL SOUL TIES**

- Who and what feeds our mind with what we accept as truth holds power over us.
- We can give people control of our minds, thus impact our decisions and choices
- Peter telling Jesus something that contradicted truth was an example of an effort to manipulate mentally – to give a false truth that contradicted God. Jesus responded to Peter "Get behind me Satan"
- Everything is a spiritual battle words, truths and beliefs hold power thus we need to listen and filter everything that we house internally in our database.

#### **EMOTIONAL SOUL TIES**

- · Emotional soul ties can be healthy or unhealthy
- When we use a human to fill a broken emotional need, we will typically attach to them in unhealthy ways.
- Once we feel we cannot live without a person because of our emotional attachment to them, we will be prone to do anything necessary just to ensure the person won't leave us.
- We can enmesh and eventually be unable to separate our own feelings from that person (the nature of codependence)

#### **SEXUAL SOUL TIES**

- Sexual relationship were created to satisfy a sacred and blessed covenant.
- When sex is brought out of the marriage relationship, and used to satisfy selfish needs or seek personal fulfillment there are deep emotional and spiritual ramifications.
- Unhealthy sex shatters the soul and leaves devastating messages of unworthiness and shame – even if there isn't a sense of shame – it strips authentic intimacy.
- Unhealthy, sin-based sex also opens up a door of spiritual influence.
- Sexual abuse or violations are the the most damaging of any.
- The Bible tells us how to two people become one, despite the relationship. This is a Biblical example of a soul tie

#### **SPIRITUAL SOUL TIES**

- When we attach ourselves to someone who is claiming spiritual authority, but is leading us away from God by a different spiritual agenda
- Pharisees and hypocrites created spiritual soul ties
- People in ministry leadership can abuse positions to abuse or create power
- Just the same, people can disrupt spiritual authority trying to undo its influence by putting themselves as a counterfeit substitute.

# **EXAMPLES OF SPIRITUAL SOUL TIES**

- Praising human being in ministry
- Affiliating with a cult that denies the Deity and Personhood of Jesus Christ
- Focusing on behavioralism and moralism rather than the grace of Jesus Christ
- New age
- Witchcraft, occult, sorcery fortune-telling, mediums or other demonic activities
- Abuse by ministry leader
- Jezebel type behaviors that diminish ordained leadership with the agenda of personal control

# **BREAKING SOUL TIES**

- We have the authority to break free from any soul tie using the name and power of Jesus Christ.
- However, sometimes these ties are deeply rooted
- Praying over a soul tie does not diminish the damage to our soul. We still need to heal.
- We want to close the door that was accessed and remove any permission we gave another spirit in our lives.
- Spiritual realm works by allowance and permission.

#### PREPARING FOR INTIMACY

- Soul ties and intimacy section will overlap but intimacy is going to refer more to the access we have give to spaces in our soul – and the order and sacredness of that.
- We need to "clear our heart" to allow God to do inner healing.
- Each room and each relationship that has influenced us on the inside will be dealt with throughout this workbook.