

## A House that Grace Built

## Cycles of Recovery

**Personal  
Healing**

*Receive love*

**Relational  
Healing**

*Offer Love*

**Purpose &  
Gifts**

**Maturity**

**Maintenance**

*Relapse/Growth patterns*

## Phases of Recovery

- We start with our relationship with God – receive His love
- We find out our identity and value as God's precious children – Love ourselves
- We bring God's love into relationships
- We seize our identity and gifting
- We experience maturity
- We get tested, challenged and experience failure – only to expose deeper healing
- We can start the process over and over – recovery is lifelong
- Grace is a formula for endurance – it is the power to live the life God designed despite the challenges, difficulties, deficiencies and loss
- Grace lights the areas of our heart that needs healing; and reveals to us God's perspective

## Renewal and Restoration Relationally

- Most of us arrive as a victim of people, circumstances and a painful past – we feel powerless
- God's promise isn't to fix our relationships or to change the past, but to redeem and restore areas in our heart that were broken despite if the people who hurt us change.
- Through the restoration process, God refuses to leave us a victims, but empowers us to be victorious
- There is no greater need in this current generation than to understand what the freedom and power of restoration grants you – it holds the prize of peace, internal freedom, wholeness and supernatural love.

## What will we do in 20 weeks?

- This book assumes some personal healing has happened – but that healing will be sought at deeper levels
- We'll move into relational healing and prepare for an internal restoration process
- We'll develop healthy protections to replace unhealthy survival systems (boundaries)
- We'll learn to dream and live out our destiny as individuals and within our roles
- We'll gain an eternal perspective – God's heart – and what it means to have a Kingdom mindset.

## How much work?

- This book is packed with information, examples and application points.
- This isn't a "do your homework or else" – the results are based on experience not information. Homework helps facilitate processes of the heart.
- It's recommended that you read each chapter and review questions.  
There are some projects that really are important, others that might not apply to you.
- It's okay to need more support, or to feel the timing isn't right.  
Reach out to me or someone else.



## How can we connect?

- There are over 60 people registered from different regions in the US and abroad
- Our only format to connect and hear from each other right now is through the webinar itself
- Connection is vital in healing processes — you can gain help doing this alone — but hearing, sharing and interacting is vital. If you can't connect at the live event — find a friend or ask if there are others like you that need a different process group time.
- A live blog will house recordings, notes, etc.

## Length

- This process has a marathon approach — it's not fast moving, but more long-term
- You'll find that this process can't happen quickly — it must be savored — it is also a discipline of the heart to go to God about all things, at all times, thus we will form that discipline together as a group.
- This class is posted for 20 weeks, but we may need a few weeks longer if we do a prayer session, one-on-one or final testimonials.
- There will be a training session at the end of this workshop.
- This workshop will be available on demand for future use



## Next week

- Read Chapter 1 – The Task of Rebuilding
- Concepts: Leaving Survival, Walking in Love, Holy Spirit, and Building God's Way
- Complete Homework for Chapter 1 (as it applies)
- Consider using the daily journal
- Find a quiet place to label your “throne room”- time alone with God is vital
- Meditate: what was survival like your life? Have you broken it? Are you still there?