



The Task of Rebuilding

Codependency is the essential attempt to hold relationships and circumstances together that are falling apart, using resources we don't possess. This is called survival.

What is Survival

- Living as an orphan a lack of security
- Trying to fill in the gap to replace missing needs
- Feeling used instead of loved having to compensate
- Survival is the terrible, horrible reality that there is no one to help us if we fall, fail or need.

Foundations Matter

The problem isn't what we did or didn't do right — it was the system in our life that drove us to depend on survival skills. The house God desires to resurrect must be built upon a new system, a new way to see life and relationship.

"And no one puts new wine into old wineskins. For the old skins would burst from the pressure, spilling the wine and ruining the skins. New wine is stored in new wineskins so that both are preserved." — Matthew 9:17 Old (clear out) New - replace

Recovery

We enter into recovery willing to face the pain and situations that brought us here. We become ready to have our life rebuilt God's way. But <u>desiring</u> change is very different than actually <u>allowing</u> God to birth change in and through us. The building process requires courage and willingness to give God access internally - and to control the outcome of our lives.

The Power of Love

- The healing agent of genuine recovery is love
- The love of God is His affectionate interest in our well being
- He claims us as sons and daughters
- He promises to provide for us
- He will guide, lead, protect, admonish, cherish, convict and empower us. But still, love is a choice.

The Holy Spirit

- God's love His power His Word is activated by the Holy Spirit
- Holy Spirit the spirit of God is the power source the switching of systems – going from self effort to God-controlled resources.
- We oftentimes competed rather than embraced His influence
- In this building project the Holy Spirit is the Guide
- Determining which power system is in control of our lives is part of this journey!

Quenching the Spirit

- We quench the Spirit not just by willful sin, but by discreet and subtle measures to take back control.
- We quench the Spirit by believing lies as truth and trusting in our own heart rather than God's revelation.
- We quench the Spirit by doubting His character and shutting Him out
- We quench the Spirit by operating through self protection we avoid God rather than embrace Him out of fear of the unknown.

The Battle is Real

- A demonic agenda exists in our lives to stifle the powerful spirit-filled life — He will look to hook us into the very mindsets that will keep us from living in the fullness of God's design.
- The battle is for truth for seeing things through God's perspective
- People are never the problem, the enemy working behind the scenes is the only real enemy we have.