

1 ☐ **Chapter 10**

Applying Redemptive Principles

2 ☐ **Cleansing Our Relationships**

- We need to look at a method to filter each relationship through redemptive principles.
- We could think about this as a purification process that begins with a willingness to allow God access.
- This process will continue through the next 3 chapters – this chapter is general, the next chapters specific.

3 ☐ **#1. We must face the truth of each relationship**

- Denial is always the blinder of our ability to be free.
- Bringing situations into the light allows exposure. It's okay to call out that truth even if at first it is ugly and painful.
- In the single act of committing to face truth, we unlock the very doors that had been bolted shut. We become willing to see what's inside firsthand.

4 ☐ **#2. We must operate by vulnerability more than self protection**

- Vulnerability starts with God – learning how to relate to Him with openness
- We cannot be vulnerable initially with people who aren't healthy – instead, we'll need to spiritually address the issues with the Lord.
- Learning to communicate with the Lord regarding our relationship struggles rather than self-protect and close Him and everyone else causes isolation.

5 ☐ **#3. We must cease control**

- When Jesus came to earth, He did nothing for Himself, but everything He did was through submission to God and the control of the Holy Spirit (by choice). Ceasing control is about not manipulating outcomes. It is the hardest concept to withstand in difficult relationship issues.
- Ceasing control is hindered because it was a survival system. God's love and His security must override that fear where even though it's uncomfortable, we are still willing.
- Ceasing control is messy; we might have to begin it in agony and fear; but eventually God can provide His worthiness to us.

6 ☐ **#4. Detach in love**

- Detachment allows for room for inspection, understanding and insight.
- When we are bound so closely to a person or situation, we oftentimes can't see clearly.
- We may be tempted to simply “drop” relationships where we see dysfunction – this is not the purpose of detachment either
- Detachment is done for godly perspective and an attachment to God – giving Him first position

7 ☐ **#5. We must cleanse each room**

- We need to offer and receive forgiveness – dipping people into the same redemptive blood that we have access to
- We'll cover this process in Chapters 11, 12, 13 and 14
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8 ☐ **#6 Grief**

- One of the greatest disciplines we will face in recovery is the ability to grieve properly rather than act out wrongfully.
- Grief brings validation, and it ascribes worth to what we needed and lost; or what we never had in the first place.
- If we don't learn to grieve negative situations and emotions, we'll continue recycle unhealthy patterns
- Developing this mechanism will take time – with plenty of failure. But it's something we can pick up and use as soon as we become aware.

9 ☐ **#7. Wait to reconnect**

- With a purified heart, we can begin to see people appropriately
- God may ask us to wait on the relationship, to end the relationship or to restore and heal the relationship.
- If we move out of His will and into our own ideas of what the outcome should be, we'll be in the danger zone.
- Waiting is a spiritual principles – one of the toughest disciplines, but produces the most spiritual fruit

10 ☐ **#8. Intercede**

- The way we love people is by praying for them – this isn't a “last

ditch option” but should be the first option we turn to

- Each time we pray, we present them before God for the purposes of intervention and redemption. We ask for the resources of God to move on their behalf.
- Jesus is an interceder for us
- We must be careful that we don’t just pray for our own desired outcome in someone, but God’s outcomes

11 ☐ **#9 Love others as God loves us**

- The love of God calls us to take what Christ has done for us, and to love through that same filter.
- God’s love is supernatural, and supersedes human experience, human needs, human expectations and human violations.
- Therefore, Gods’ requirement of love won’t be made evident when we are being perfectly loved by others, but when we are being asked to love those who don’t love us back.

12 ☐ **Loving our enemy**

- An enemy can come in many forms, including our spouse, parents, children, sibling, etc.
- In fact, by definition, an enemy would be a person who we perceive to be a threat or danger to us – someone who we believe doesn’t have our best interest at heart, and may look for ways to hurt or sabotage our lives.
- When attempting to love in our relationships, God asks us to connect to the resource of His love somewhat like a hose. That hose is actually being aimed towards a redemptive purpose in that relationship.

13 ☐ **#10 Set reasonable expectations**

- We can place faulty and unreasonable expectations onto our broken or failing relationships.
- We pointed to our own standards and acts of “love” as proof that we deserved to receive in return for our efforts.
- When we place standards and expectations unto people unfairly, we actually ask them to wear the cloak of shame. This is done in a spirit that opposes grace and the Holy Spirit.

14 ☐ **God’s Spiritual Design of Relationships**

- We need to honor God's purposes
- We need to see the overlay of God in each human relationship
- We must learn how to let Him "fill in the gaps" when our earthly relationships fail

15 **God's Order in Relationship**

- The principle of authority and submission
- Reestablishing God's authority and using it to deal with each relational room is the key
- God's purposes, His role and His abilities supersede the power of our human experience. If He goes into the room, He can conquer it.