

Thrive – Live with Intention – Introduction

1 **The Seed of Your Design**

- The goal of our lives is to be who God created us to be; and live this life to produce the agenda He established in heaven
- We can never live free in our purpose until we are able to tap into this reality
- When we aren't walking out our design, we end up living in a counterfeit version, which is a much lesser form of our God-created destiny.
- Seeds versus trees – the dramatic comparison

•The Lifestyle of Survival

- When problems and circumstances of life dictate how we live, we lose touch of our purpose
- Survival centers on the problems present, and the need to adapt minus pertinent resources
- In survival, we seek self protection to cover and hide from difficulties
- The coverings and ways we self protect become the very points of imprisonment, and keep us from God's intentions.

2 **Forms of Survival**

- Each of us has developed coping mechanisms that drive us to manage life
- Coping mechanisms are formed in the soul – and are developed through the basic mindsets and beliefs we house about life and relationships. They help us “make it” through life – but we become exhausted, burnt out and overwhelmed.
- Codependency, addiction, anger, anxiety and hundreds of other conditions of the heart occur when living in the mode of survival

3 **Survival is a state of insecurity**

- When we feel we need to survive, we by nature house fear and insecurity about our environment and ourselves
- We focus on getting by in the moment rather than being able to claim a God-designed future
- All our resources are exhausted in “just getting by”

4 **To Live with Intention**

- The call of God invites us into His way of thinking, and the action steps require to align us with His purposes.
- Ruts that are created dig deep into us and form automatic thought patterns. Confronting unhealthy ways of thinking, feeling and living requires intentional direction and daily interaction and desire to change

5 **Goal-based Living**

- When we are stuck and want a different way of doing life, we will need to focus on the action of “what we can do today” rather than “what we can't do”
- God's promises state that He has plans, purposes and the ability to accomplish His purposes in our lives. It is impossible for us to stay in a counterfeit lifestyle if we truly allow Him to access
- Living by goals and intention simply means we live in the moment, even as we work on healing in the past. We make decisions in the now - to do, to

live, to belief, to allow God into the space in our heart that's been wounded.

The Process in this Workshop

- We will use the Biblical overlay of seeds, soil, fruit and growth to look into our God-given destiny
- The past offers insight to our roots and the structures of coping that developed
- The present offers insight into our fruit – how we've taking on characteristics that are toxic and harmful
- We confront the fruit; trace the root with fearless honesty for the purposes of being free from what's harmful and able to let God plant seeds of His intention
- To live with intention, we look forward not just back – we are on a mission on earth, creating with precision and complete detail to fulfill something only we can fulfill.

6 **What is God's call for our lives?**

- The preparation of our hearts to live God's design isn't composed of the same materials as the world's version of success.
- God calls us to discipleship – following Him is an act of leaving the lifestyle of survival and find the empowerment, direction and provision of God.
- God seeks to first save us, redeem and ignite us with the Holy Spirit. Then He aligns our inwards with His agenda. Finally, He calls us to love others as He loved us. This is the greatest law of any.
- It requires we leave the safety of theological Christianity and enter into an experiential encounter with Jesus the Person

7 **What will we do?**

- Weekly homework and downloads – Go to www.spiritofliferecovery.com and click Thrive Workshop 2016. You will find a link for class participants. Use passcode: thrive
- Goal setting and daily, weekly and monthly planning
- Community and sharing when and if possible – we need connection, first to God, but also each other.