Living Outside Love

Disconnect - Neglect - Stunted - Barren

Lack of connection means all growth is stunted and the relationship cannot develop or produce love or its fruit.

I run from the Source (God) rather than become grounded in Him.

Our connection with God is broken/grieved through:

Independence (pride)
Lack of vulnerability/honesty (leading to denial)
Unfaithfulness (heart belongs elsewhere)
Undealt with sin issues
Bitterness or resentment

When My Connection is Broken

Become self reliant - self protect, self defend, self provide, self survive

Deny - I don't process my thoughts or feelings - I bury them or cover over them

Communication - I'm knowingly or unknowingly become dishonest and hide

Unteachable - I can't bear to see or hear anything in myself that isn't right

Trust - I don't trust anyone except myself

Dependent-based - I may create dependencies on people, or allow them to create them with me

Shame-based - All I can focus on is what is wrong or missing and where I don't measure up

Bitter and resentful - I feel victimized and hurt by others, focus on how they hurt me

Effort-based - my life is composed of efforts and performance

How Does a Lack of Love Manifest in Me?

Control - I'm filled with efforts to control outcomes in myself and others

Negative emotions - fear, guilt, anger, etc.

Buying love - I try to win you over through efforts

Taking score - "what I do versus what you do"

Judging and comparing - trying to get "one up"

Blaming and defending "if you would just change"

Jealousy and feeling "threatened" if you are "better then me"

Perfectionism

Compulsive need for "more" in life - never satisfied

Love Remedy

I surrender and give up my efforts
I confess, repent as needed
I admit I don't have love in me
I ask for love to be poured into me
I transfer dependency to God
(grounded to the Source)

Love enters

I begin to receive nourishment
I begin the process of growth
I gradually produce life and will *eventually* bear fruit

